



SPIRIT

July 2024 Volume XXX No. 7



Newsletter of PFLAG Fort Worth Chapter, P.O. Box 8279, Fort Worth, TX 76124. Published monthly.

PFLAG Fort Worth promotes the health and well-being of LGBTQ people and their families and friends through support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation, and acts to create a society that is healthy and respectful of human diversity.

PFLAG Fort Worth Meeting/Support Group Will NOT Meet on Thursday, July 4



Transgender Support Group Meets on ZOOM LAST SUNDAY Every Month



PFLAG Fort Worth Important Dates

- 07/04 **No Meeting - July 4 Holiday** Page 2
- 07/10 Food & Fun ConFAB (conversation) Page 1
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- 07/22 Samaritan House Supper Club Page 4
- 07/28 Trans Support Group on Zoom Page 2
- 08/01 PFLAG Meeting/Support Group Page 2
- 08/14 Food & Fun ConFAB (conversation) Page 1

To attend virtual PFLAG Fort Worth events, please see our website at pflagfortworth.org for the link
For PFLAG Dallas events, please go to




PFLAG Fort Worth
Meeting & Support Groups
6:45 - Social
7:00 - Meeting & Groups

NO MEETING ON JULY 4th HOLIDAY

Share our stories, Share our strength
Together let's make Texas a better, safer,
fairer place for LGBTQ+ and all who care.

Celebration Community Church
Fellowship Hall (behind church)
908 Pennsylvania Ave., Fort Worth

PFLAG Fort Worth marched in the Dallas Pride Parade June 2 at Fair Park in Dallas



Grand Marshall of the Dallas Pride Parade, June, 2024 was Billy Porter.



LET'S TALK
 Transgender Support Group
 In Partnership with
 St. Stephen's Episcopal Church - Hurst
 VIRTUAL on Zoom
 LAST SUNDAY of Every Month 3-5pm
 Talk as much or as little as you want
 Share Our Stories - Share Our Strength

PFLAG Fort Worth
 Call or Email for Link
 817-382-7353
 info@pflagfortworth.org



**You do NOT need to be a member to attend,
There is no cost to attend.**

PFLAG Fort Worth's meeting/support group
WILL NOT MEET ON THE JULY 4TH HOLIDAY.
We look forward to seeing you on August 1 at
 6:45pm, when we meet for a social time. At 7:00, we
 have a speaker. Our speakers are excellent, many from
 our LGBTQ+ community. We look forward to seeing you
 on Thursday, August 1 at our meeting in the building
 behind Celebration Community Church,
 908 Pennsylvania Ave., Fort Worth , TX
Parking is free and easy to find.

Family support and acceptance are critical to the health and wellbeing of LGBTQ+ individuals. Come to PFLAG Fort Worth to give and receive support.

**You do NOT need to be a member to attend,
There is no cost to attend.**



***Mama Bears Documentary
Movie and Discussion***

The Mama Bears Documentary movie, a film by Daresha Kyi, was viewed by a large group at on June 22 at Celebration Community Church in Fort Worth. There was an excellent discussion after the movie. This event was sponsored by Broadway Baptist Church, PFLAG Fort Worth, Justice Network of Tarrant County, the Association of Welcoming and Affirming Baptists, the HELP Center, and Celebration Community Church.

If you missed seeing the Mama Bears Documentary, [learn more about the film here.](#)
[Read "Free Mom Hugs: How Mama Bears Spread Radical Love here.](#)
 from Independent Lens on PBS.

Discussion of Mama Bears Documentary Movie

Westside Unitarian
 Universalist Church
 We Are a Welcoming Congregation



901 Page
 Fort Worth, TX
 76110

817.924. MYUU (6988)

Sunday Service at 10:30 in person and on Facebook Live



CELEBRATION COMMUNITY CHURCH

908 PENNSYLVANIA AVE . FT WORTH . TX

#TRADITIONWITHOUTJUDGMENT

JOIN US FOR WORSHIP
 EVERY SUNDAY AT 10AM

www.celebration-community-church.com



Building a Community Where All Youth Are Safe - LGBTQ SAVES

LGBTQ SAVES came to life in September, 2010, when Sharon Herrera read about several suicides of LGBTQ youth. This reminded her of a time when she, as an LGBTQ youth, considered her own suicide. Sharon gathered a group of friends and formed an organization to “provide a safe, brave space for LGBTQ+ youth” in Fort Worth. Want to help youth be safe?



Sharon with supporters at picnic.

[Learn more about LGBTQ SAVES.](#)
[Watch interview of Sharon Herrera](#)



PFLAG Fort Worth had the privilege of participating in the recent LGBTQ SAVES Annual Youth Pride picnic in Trinity Park. Join PFLAG Fort Worth in supporting LGBTQ SAVES by volunteering ([Read more here](#)) donating ([Read more here](#))

Get Ready for Youth Pride Fest in October

LGBTQ SAVES holds Youth Pride Festival on a Saturday prior to National LGBTQ+ Coming Out Day in October. Youth enjoy fun activities, win door prizes, visit displays of small businesses, and meet LGBTQ+ advocates at this celebration of Youth Pride.

Want to help with the Youth Pride Festival? Contact Bertinand Gardner at bertinand.gardner@lgbtqsaves.org



TRANS SUPPORT GROUP meets on ZOOM on the last Sunday of every month at 3:00.

To join the Zoom meeting, please email us at info@pflagfortworth.org. PFLAG Fort Worth partners with St. Stephen's Episcopal Church in Hurst, TX, to provide this Trans Support Group.

Coalition for Aging LGBT - Learn More

The Coalition for aging LGBT has been serving the aging LGBT community since 2015. Their mission is “to promote personal well-being, dignity and autonomy through the delivery of high quality, affordable and culturally competent home and community-based care from our affiliate organizations. We are working with involved LGBT and Aging Organizations (locally and nationally) to create comprehensive programs to address the unique needs of the LGBT Aging Community. [Read more here](#)

Let's Do Dinner! Let's Do Lunch! (Coalition for Aging LGBT)

1st Tuesdays, 6pm - Tommy's Hamburger Grill, 2455 Forest Park Blvd, Fort Worth
3rd Thursdays, 11:30am - Anna's Mexican Grill, 1009 Cheek-Sparger, Colleyville
4th Thursdays, 6pm - Luby's Cafeteria, I-820 SE at Forest Hill

Where's the “Q” in Coalition for Aging LGBT?

In the LGBT generation ages 50 and older, one of the most hurtful words used against them was “queer.” [Read more here to understand the Coalition for Aging's decision.](#)

In his article about the “Q” word, Robert Emery writes, “There will be no definitive answers provided here, only the perspectives of thoughtful people.” [Read the article here](#)

Gracefully Handle Changing Pronouns

Information for grandparents for how to handle their grandchild changing pronouns. [Read more here](#)

Same-Sex Marriage Became Legal 20 Years Ago

One news service said that now “just” 71% of Americans approve of Gay marriage. The 71% was calculated by a Gallup poll in 2023. It is interesting that this news service called over 2/3 of Americans “just.” [Read more here](#)

Fort Worth City Council NOT Unanimous

During the past few years, the Fort Worth City Council has passed multiple proclamations recognizing June as Pride month, which highlights and celebrates the LGBTQ community. What happened in 2024? [Read more here](#)

Guess Which MLB Team Has NO Pride Night

Which team could it be? The only major league baseball team without a Pride night is ... the Texas Rangers! How can this be? The ONLY MLB team with NO Pride night? [Read more here](#)

BlackLine - Call 1.800.604-5841 for support BlackLine is a Black, Indigenous, People of Color (BIPOC) LGBTQ+ support line, by BIPOC folks.

Trans Lifeline Hotline at 877-565-8860

Trans people located all over the US and Canada, for trans and questioning callers.





Important Dates in July

- July 13** - LGBTQ Wedding Expo, Denton, TX
- July 14** - Nonbinary Peoples Day
- July 16** - International Drag Day
- July 26** - Disability Independence Day
- July 30** - Y'all Means All, Pride Send-Off

LGBTQ Wedding Expo, Denton, TX

On Saturday, July 13, an LGBTQ+ wedding expo will be held in Denton at the Denton Civic Center. Register early for a discount on tickets at Eventbrite.com

Nonbinary Peoples Day

Pallavi Rudraraju, HRC Youth Program Coordinator says, "I felt empowered when I studied South Asian history and learned about the various gender identities and expressions which existed in our society long before British colonizers criminalized them, realizing that there have always been people who looked like me and shared gender identities similar to mine. I hope that people who are not non-binary can understand that there is no one way to look or present as non-binary, and that we are not a new fad - in fact, we've existed longer than the gender binary has!" [Read more here](#)

International Drag Day

Learn all about Drag. "The term "drag" is thought to have derived from the expression "dressed as a girl." In the late 1800s, drag performances were found in vaudeville shows and music halls, featuring male artists who donned flamboyant feminine attire to entertain audiences through comedy, singing, and dancing." [Read more here](#)

Disability Independence Day

Imani Barbarin talks on Channel Kindness Radio about living with different marginalized identities including disability. Laugh and learn as Imani shares her unique insight on the disabled experience. [Listen here](#)

The Americans with Disability Act was signed into law on July 26, 1990. [Read more here](#)

Y'all Means All

Join HRC at Y'all Means All: A TX-30 PRIDE Send-Off with Congresswoman Jasmine Crockett and Kylee Ohara Fatale to celebrate the last day of Pride month! [Read more here](#)

LGBTQ SAVES' mission is to provide safe, brave spaces for social and personal development of LGBTQ youth." For info write bertinand.gardiner@lgbtqsaves.org

[Read more here](#)



Suicide Prevention Resource Center

LGBTQ suicide prevention. [Read more here](#)

Equality Texas' Resources for LGBTQ+ community are evolving. Please check here if you need help.

[Please click here for Resources for Covid, Health Care, Crisis Hotlines, Food, Housing, Family, Youth](#)

PFLAG FORT WORTH ON PAYPAL

There are now two ways to interact with PFLAG Fort Worth through PayPal!

To make a one time donation:

paypal.com/us/fundraiser/charity/2047249

To set up a recurring membership:

go to our website, pflagfortworth.org. Click on the Membership tab on the top, then choose the level of membership you want. Complete the process through PayPal (if you don't have a PayPal account, it's free and easy to set up), and voila you're all set! The advantage to online is you don't have to remember to renew every year!



Join PFLAG Fort Worth members for the fun of serving dinner at **Samaritan House** every 4th Monday at 5:30

Looking for a Way to Help?

WHO: PFLAG Fort Worth's Sam House Supper Club

WHAT: Serve Dinner to Sam House residents, bring a dish to donate, or just come to serve.

WHEN: Fourth Mondays, 5:30 - 6:30 pm

WHERE: Samaritan House, 929 Hemphill St, Fort Worth, 76104

WHY: Because it makes a Difference

Interested? [Contact Ruby at 817-382-7353](#)

PFLAG FORT WORTH ON SOCIAL MEDIA

LIKE US ON FACEBOOK

<https://www.facebook.com/pflagfortworth/>





**Interested in helping an LGBTQ kid?
Check out Big Brothers Big Sisters**
<https://bbbstx.org/>



**Big Brothers
Big Sisters**



**PFLAG Food and Fun ConFAB
Shaws Patio Bar & Grill
1051 W Magnolia, Fort Worth**

**Come for fun &
conversation
On Wednesday,
July 10
at 6:30pm**



(Continued from page 4)

**To our PFLAG Fort Worth
Members and Friends**

The PFLAG mission of support, education, and advocacy is as vital as ever. Please continue your support by renewing your membership, attending meetings, and/or donating to PFLAG Fort Worth so we can fulfill our mission. Despite a growing acceptance of diversity in our society we are all too aware of hostility and worse toward LGBTQ persons. **Please help PFLAG keep working toward the society we want;** where people are informed, rights are protected, and families find care and understanding.

Among the ways we served our mission for 2022-2023:

- Speaking to Fort Worth ISD teachers, counselors, and administrators about equality
- Offering a monthly speaker and support group, in person and on Zoom
- Providing a monthly dinner for up to 50 Fort Worth Samaritan House residents
- Making Christmas stocking for Samaritan House children, providing money for Halloween costumes, and tutoring residents
- Proudly marching in the Fort Worth and Dallas Pride parades
- Staffing a booth at the Fort Worth Pride Festival and Picnic events

- Sharing our mission of advocacy, support, and education to business, universities, and federal agencies, including the TCU Education Department
- Offering a monthly trans Support Group on Zoom with partner St. Stephen's Episcopal Church, Hurst, TX

Goals for October 2023 - September 2024:

- Offer scholarship to graduating seniors of LGBTQ Saves
- Develop ways to become more visible to those who need us and don't know we are here
- Send an officer to the PFLAG National Conference
- Continue advocating for the LGBTQ community with businesses, educators, and families

Everything we undertake has a financial outlay for materials, space, publicity, fees, insurance, printing, etc., and proudly, scholarship awards.

We are making a difference and need you with us. Please help PFLAG Fort Worth move equality forward during the coming year with your financial generosity, time, and talent. Commit to our mission of support, education, and advocacy. Attend our meetings to connect with us!

Use the form below to join PFLAG Fort Worth and send in your check today. You may designate your donation for the scholarship fund, if desired.

Membership Application

| | |
|-------------------|--------|
| ▽ Individual | \$ 25 |
| ▽ Family | \$ 45 |
| ▽ Sustaining | \$ 100 |
| ▽ Benefactor/Life | \$ 500 |

Date _____

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Make checks pay- PFLAG/Fort
Mail to: P.O. Box 8279
Fort Worth TX

RENEWAL

NEW



You can also set up a recurring membership



Our phone number is 817-382-7353 Our email is info@pflagfortworth.org